

Sample itinerary: 1 Day Student City Stop Over



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Student Itinerary <u>Highlight: Heinz History Center</u>

Location: Historic Strip District, Pittsburgh

Duration: Approx. 2–3 hours

Educational Focus: History, Innovation, Regional Identity

Start your day at the Senator John Heinz History Center — a dynamic museum dedicated to Pittsburgh's pivotal role in shaping American industry and innovation. Students will journey through time as they explore immersive exhibits that highlight the city's contributions to manufacturing, invention, and culture.

From the rise of the steel industry to the creation of iconic products like Heinz ketchup, this experience connects local history to national change. Interactive displays and hands-on learning opportunities help students understand how Pittsburgh became a hub of transformation during the Industrial Revolution.

Key Learning Outcomes:

- Examine the impact of industrialization on American society
- Discover Pittsburgh's role in transportation, innovation, and food production
- Engage with real artifacts and multimedia exhibits that make history come alive
- Understand the connections between local history and broader historical themes

This stop blends historical depth with regional pride, giving students a tangible link to America's past through the lens of one iconic city.

Student Itinerary Highlight and Lunch: <u>'Burgh Bits & Bites Food Tour – Strip</u> District

Location: Historic Strip District, Pittsburgh

Duration: Approx. 2 hours

Educational Focus: Cultural History, Culinary Arts, Urban Studies

Discover Pittsburgh's rich cultural tapestry through its food on the engaging 'Burgh Bits & Bites Food Tour. Set in the vibrant Strip District — one of the city's most historic and flavorful neighborhoods — this walking tour offers students a unique window into the immigrant roots and entrepreneurial spirit that shaped Pittsburgh.

Guided by local food historians, students will sample a variety of ethnic and regional dishes while hearing stories of the people and traditions behind them. Along the way, they'll explore the evolution of the Strip District from an industrial hub to a lively culinary destination.

Key Learning Outcomes:

- Explore the relationship between food, culture, and immigration in urban America
- Engage with small business owners and community figures who sustain local food traditions
- Understand how neighborhoods evolve over time through commerce and culture
- Experience culinary diversity through guided tastings and storytelling

This experience blends history, culture, and flavor — making Pittsburgh's past and present come alive one bite at a time.













Student Itinerary Highlight: Panoramic Theater Days in the Cultural District

Location: Pittsburgh Cultural District, downtown Pittsburgh

Duration: Approx. 3–4 hours

Educational Focus: Theater Arts, Design, Production, Teamwork

Step into the spotlight with Panoramic Theater Days — an immersive, hands-on arts education experience that gives students unprecedented access to the behind-the-scenes world of professional theater.

Students begin by diving into a scene from one of the Trust's current Broadway productions. Working in collaborative teams, they'll take on roles in set design, lighting, costume creation, and sound engineering — all within a dynamic, two-hour creative lab. Guided by industry professionals, students learn the technical and artistic decisions that bring a theatrical moment to life.

After their scene is brought to the stage, the experience continues with an exclusive backstage tour of one of the Cultural District's landmark theaters. From catwalks to dressing rooms, students will explore the real-life spaces where magic happens nightly, gaining insight into the many careers that make live performance possible.

Key Learning Outcomes:

- Understand the collaborative nature of theatrical production
- Apply creative thinking and problem-solving to real-world artistic challenges
- Gain exposure to technical theater elements and industry roles
- Discover behind-the-scenes theater operations

This is a perfect blend of performance, design, and discovery — offering students a panoramic view of what it really takes to bring a Broadway show to life.

Student Itinerary Highlight: Evening Visit to Ross Park Mall

Location: Ross Township, Pittsburgh

Duration: Approx. 2–3 hours

Educational Focus: Consumer Culture, Independent Decision-Making, Group

Socialization

Wrap up the day with a relaxing and student-friendly visit to Ross Park Mall, one of Pittsburgh's premier shopping and dining destinations. With over 170 stores ranging from national retailers, including Nordstrom, Macy's, DICK'S House of Sport, to highend luxury brands like Gucci, Louis Vuitton, and Tiffany & Co, this stop gives students the opportunity to unwind, explore, and practice real-world decision-making in a social setting.

Students can choose to enjoy a casual dinner in the food court or sit down for a meal at popular restaurants such as The Cheesecake Factory or Plaza Azteca (advance group reservations recommended). This time also provides space for social bonding and personal exploration in a safe, structured environment.

Key Learning Outcomes:

- Exercise independence and budgeting skills in a real-world retail setting
- Observe modern consumer trends and branding in a commercial environment
- Practice time management and responsibility during unsupervised group exploration
- Strengthen peer relationships through relaxed social interaction

This evening stop provides a well-balanced close to an educational day — blending independence, fun, and practical life skills.

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